

# Northview High School

## CLAY COUNTY SECONDARY BRKFST NOV BREAKFAST 2024

Oct 25, 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1 EGG OMELET ENGLISH MUFFIN FRESH FRUIT JUICE Milk variety 1%
Nov - 4 DONUT, YEAST WG FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 5 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Nov - 6 DUTCH WAFFLE FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 7 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 8 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Nov - 11 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Nov - 12 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Nov - 13 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Nov - 14 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 15 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%
Nov - 18 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Nov - 19 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Nov - 20 DUTCH WAFFLE FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 21 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 22 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Nov - 25 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Nov - 26 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Nov - 27	Nov - 28	Nov - 29

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	597	450-600	100% 640	Protein	15.76 g	10.56%	
Sodium	553 mg			Carbohyd	102.49 g	68.67%	
Fiber	7.01 g			Tot. Fat	14.14 g	21.32%	<=30.0%
Calcium	277.50 mg			Sat. Fat	5.49 g	8.28%	<10.00%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient. **\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Northview High School

## CLAY COUNTY SECONDARY LUNCH

Oct 24, 2024

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## NOV LUNCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1  STEAK BITES PIZZA CELERY STICKS CORN TROPICAL FRUIT SALAD CORNBREAD WG GRAHAM CRACKERS JUICE Milk variety 1%
Nov - 4  CORN DOG PIZZA PEAS & CARROTS RED PEPPER STRIPS Sun Chip APPLESAUCE JUICE Milk variety 1%	Nov - 5  CHICKEN RANCH WRAP PIZZA REFRIED BEANS SALAD W/ DRESSING PEARS FRESH FRUIT Milk variety 1%	Nov - 6  COUNTRY FRIED CHICKEN PIZZA MASHED POTATOES BROCC/CAULIFLOR & DIP Goldfish whole grain PEACHES JUICE Milk variety 1%	Nov - 7  Chicken Nuggets PIZZA CELERY W/ PB CORN WHEAT BREAD FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Nov - 8  GENERAL TSO CHICKEN & RICE PIZZA CARROTS / DIP CALIFORNIA BLEND VEGGIES FORTUNE COOKIE PINEAPPLE JUICE Milk variety 1%
Nov - 11  TACO SALAD PIZZA PEPPERONI SPICY BLACK BEANS LETTUCE & TOMATO MANDARIN ORANGES JUICE Milk variety 1%	Nov - 12  PORK FRITTER/BUN PIZZA PEPPERONI CUCUMBER & TOMATOES CORN TROPICAL FRUIT SALAD FRESH FRUIT Milk variety 1%	Nov - 13  ROTINI W/MEAT SAUCE PIZZA SALAD W/ DRESSING GREEN BEANS bosco stick Goldfish whole grain APPLESAUCE JUICE Milk variety 1%	Nov - 14  CHEESEBURGER / BUN PIZZA PEPPERONI POTATO SALAD FRENCH FRIES PEARS FRESH FRUIT Milk variety 1%	Nov - 15  CHICKEN PATTY/BUN PIZZA PEPPERONI CELERY W/ PB BUTTERED CARROTS PEACHES JUICE Milk variety 1%
Nov - 18  SUB SANDWICH PIZZA PEPPERONI CARROTS / DIP BROCCOLI & CHEESE Sun Chip FRUIT COCKTAIL JUICE Milk variety 1%	Nov - 19  CHICKEN ALFREDO PIZZA PEPPERONI GREEN BEANS RED PEPPER STRIPS bosco stick Goldfish whole grain PINEAPPLE FRESH FRUIT Milk variety 1%	Nov - 20  CHICKEN/BUN PIZZA BAKED POTATO LETTUCE & TOMATO MANDARIN ORANGES JUICE Milk variety 1%	Nov - 21  CHICKEN QUESADILLA WG PIZZA SLAW REFRIED BEANS RICE KRISPY TREAT APPLESAUCE FRESH FRUIT Milk variety 1%	Nov - 22  TURKEY & NOODLES W/ ROLL PIZZA MASHED POTATOES BROCC/CAULIFLOR & DIP APPLESAUCE JUICE Milk variety 1%
Nov - 25  BBQ PORK/BUN PIZZA PEPPERONI FRENCH FRIES LETTUCE & TOMATO PEARS JUICE Milk variety 1%	Nov - 26  CHICKEN TENDER W/ GARLIC TO PIZZA PEPPERONI CELERY W/ PB BAKED BEANS MAC & CHEESE PEACHES FRESH FRUIT Milk variety 1%	Nov - 27  THANKSGIVING BREAK	Nov - 28  THANKSGIVING BREAK	Nov - 29  THANKSGIVING BREAK

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**Northview High School**  
**CLAY COUNTY SECONDARY LUNCH**  
**NOV LUNCH 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
	Average	Weekly % of Target Target	Average	% of Calories Weekly Target
Calories	787	750- 100%	Protein	34.88 g 17.73%
Sodium	1496 mg 8.77*	850	Carbohyd	99.82 g 50.74%
Fiber	g	1420	Tot. Fat	27.62* g 31.59%
Calcium	584.23* mg		Sat. Fat	9.10* g 10.41%
				<=30.0% <10.00%

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